



# Mental Health & Crisis Resources

compiled for families by



Reference the key at the bottom of this document for examples of service types provided by agencies/ organizations listed. The list of resources is continued on back. Please note that due to limited space, not all services may be listed here. *[Updated May 2023]*

Agency / Organization	Payment Options	Ages Served	Type(s) of Services
<b>AdventHealth</b> 100 Hospital Drive, Hendersonville, NC 828-684-8501   <a href="http://AdventHealthNC.com">AdventHealthNC.com</a>	Medicaid, Medicare, NC Health Choice, Private Insurance, No Charge	Adults	✓ ✓ ✓ ✓
<b>AdventHealth Behavioral Health Hub</b> 50 Hospital Drive, Suite 3C, Hendersonville, NC Call to triage urgent appointments: 828-650-8130	Medicaid, Medicare, NC Health Choice, Private Insurance	Adults	✓ ✓ ✓ ✓
<b>All Souls Counseling Center</b> 35 Arlington Street, Asheville, NC 828-259-3369   <a href="http://www.allsouls counseling.org">www.allsouls counseling.org</a>	Sliding Scale	Adults	✓ ✓ ✓
<b>Behavioral Health Crisis Center</b> 356 Biltmore Ave., Asheville, NC Main: 828-254-2700	Medicaid, Medicare, NC Health Choice, Private Insurance	Adults	✓ ✓ ✓
<b>Blue Ridge Health</b> 2579 Chimney Rock Road, Hendersonville, NC Main: 828-692-4289 ext. 2289 School Based Health Practice: 828-233-2280 <a href="http://www.brchs.com">www.brchs.com</a>	Medicaid, Medicare, NC Health Choice, Private Insurance, Sliding Scale	Children, Youth, Adults	✓ ✓ ✓ ✓
<b>Carolina Pediatric Therapy</b> 510 Fleming Street, Suite A, Hendersonville, NC 9 W. Summit Avenue, Asheville, NC 828-670-8056   <a href="http://www.carolinapedts.com">www.carolinapedts.com</a>	Medicaid, NC Health Choice, Private Insurance, Self-Pay Discounts	Children, Youth	✓ ✓ ✓
<b>Carolina Resource Center for Eating Disorders</b> P.O. Box 18103, Asheville, NC 828-337-4685   <a href="http://www.crcford.com">www.crcford.com</a>	No Charge	Children, Youth, Adults	✓ ✓
<b>Children &amp; Family Resource Center</b> 851 Case Street #6503, Hendersonville, NC 828-698-0674   <a href="http://www.childrenandfamily.org">www.childrenandfamily.org</a>	No Charge	Children, Adults	✓ ✓ ✓
<b>Compass Grief Services for Children &amp; Teens</b> 571 S. Allen Road, Flat Rock, NC 828-233-0334   <a href="http://fourseasons.teleioscn.org/what-we-offer/bereavement-support/heart-songs/">fourseasons.teleioscn.org/what-we-offer/bereavement-support/heart-songs/</a>	No Charge	Children, Youth	✓ ✓
<b>Crossnore Communities for Children</b> 709 5th Avenue W., Hendersonville, NC 828-301-4622   <a href="http://www.crossnore.org">www.crossnore.org</a>	Medicaid, NC Health Choice, Private Insurance, Sliding Scale	Children, Youth	✓ ✓
<b>Family Preservation Services</b> 120 Chadwick Sq. Crt., Suite C, Hendersonville, NC 828-697-4187	Medicaid, Medicare, NC Health Choice, Sliding Scale	Children, Youth, Adults	✓ ✓ ✓
<b>Full Circle Community Wellness</b> 1915 George Street, Hendersonville, NC 828-222-0401   <a href="http://www.fullcirclewnc.org">www.fullcirclewnc.org</a>	Private Insurance, Sliding Scale, No Charge	Children, Youth, Adults	✓ ✓
<b>Healthy Transitions</b> <a href="http://helpishere.nchealthytransitions.org">helpishere.nchealthytransitions.org</a>	No Charge	Youth, Young Adults	✓
<b>Henderson County Department of Public Health</b> 1200 Spartanburg Hwy., Suite 100, Hendersonville, NC 828-694-6111   <a href="http://www.hendersoncountync.gov/health">www.hendersoncountync.gov/health</a>	Medicaid, NC Health Choice, Private Insurance, Sliding Scale	Children, Youth, Adults	✓ ✓ ✓
<b>Hope Coalition Recovery Community Center</b> 101 S. Grove St., Hendersonville, NC 828-388-7979   <a href="http://www.elementsofhope.org">www.elementsofhope.org</a>	No Charge	Children, Youth, Adults	✓ ✓
<b>Latino Advocacy Coalition (El Centro)</b> 508 N. Grove Street, Hendersonville, NC 828-290-7134   <a href="http://www.elcentrolac.org">www.elcentrolac.org</a>	No Charge	Children, Youth, Adults	✓ ✓ ✓
<b>MAHEC</b> 121 Hendersonville Road, Asheville, NC 828-398-3601   <a href="http://www.mahec.net">www.mahec.net</a>	Medicaid, Medicare, NC Health Choice, Private Insurance, Sliding Scale	Children, Youth, Adults	✓ ✓ ✓
<b>Mental Health and Suicide Crisis Hotline</b> Call or Text 24/7 9-8-8	No Charge	Anyone	✓ ✓
<b>Mountain Counseling Association, LLC</b> 110 Williams Street, Hendersonville, NC 828-692-7300   <a href="http://www.mountaincounseling.com">www.mountaincounseling.com</a>	Medicaid, Medicare, NC Health Choice, Private Insurance, Sliding Scale	Children, Youth, Adults	✓ ✓ ✓
<b>Mountain Creative Arts Counseling</b> 307 N. Main Street, Suite 9-10, Hendersonville, NC 828-785-4789   <a href="http://www.mountaincreativearts.com">www.mountaincreativearts.com</a>	Blue Cross/Blue Shield, Private Insurance	Adults	✓ ✓
<b>NC Brookhaven</b> 2 Walden Ridge Drive #30, Asheville, NC 828-676-1657   <a href="http://www.ncbrookhaven.com">www.ncbrookhaven.com</a>	Medicaid, Medicare, NC Health Choice, Private Insurance	Adults	✓

**KEY:**

- Crisis Help**  
Suicide, Self-Harm, Crisis, Domestic Violence
- Behavioral Health**  
Anxiety, Depression, Disordered Eating, Psychiatry, Substance Abuse, Trauma Services & More
- Other Specialized**  
Relationships, Parenting, Family, LGBTQ+ Support; Therapy; Legal, Housing, Advocacy Services & More
- Multilingual Services**

KEY:



**Crisis Help**  
Suicide, Self-Harm,  
Crisis, Domestic Violence



**Behavioral Health**  
Anxiety, Depression, Disordered  
Eating, Psychiatry, Substance  
Abuse, Trauma Services & More



**Other Specialized**  
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LGBTQ+ Support; Therapy; Legal,  
Housing, Advocacy Services & More



**Multilingual Services**

Agency / Organization	Payment Options	Ages Served	Type(s) of Services
<b>Nutritious Thoughts</b> 170 Old Naples Road, Hendersonville, NC 828-333-0096   <a href="http://www.nutritious-thoughts.com">www.nutritious-thoughts.com</a>	Medicare, Private Insurance, Sliding Scale	Children, Youth, Adults	
<b>October Road Inc.</b> 119 Tunnel Road, Suite D, Asheville, NC Main: 828-350-1000 / Hotline: 888-201-5086 <a href="http://www.octoberroadinc.net">www.octoberroadinc.net</a>	Medicaid, Medicare, Private Insurance, Sliding Scale, No Charge	Adults	
<b>Post Overdose Response Team (The Free Clinics)</b> Certified Peer Support Specialists 828-845-0441 / 828-845-0541 <a href="http://www.thefreeclinics.org/port">www.thefreeclinics.org/port</a>	No Charge	Adults	
<b>Pardee UNC Health</b> 800 N. Justice Street, Hendersonville, NC Main: 828-696-1000 / Hotline: 828-696-4250 <a href="http://www.pardeehospital.org">www.pardeehospital.org</a>	Medicaid, Medicare, NC Health Choice, Private Insurance	Adults	
<b>RHA / Mobile Crisis Management</b> 356 Biltmore Avenue, Asheville, NC Main: 828-254-2700 / MCM Crisis Line: 888-573-1006 <a href="http://www.rhahealthservices.org">www.rhahealthservices.org</a>	Medicaid, Medicare, NC Health Choice, Private Insurance, No Charge	Children, Youth, Adults	
<b>Safelight</b> 133 5th Avenue W., Hendersonville, NC 828-693-3840   <a href="http://www.safelightfamily.org">www.safelightfamily.org</a>	No Charge	Children, Youth, Adults	
<b>Skipping Stones Counseling</b> 220 3rd Avenue W., Hendersonville, NC 828-398-0147   <a href="http://www.skippingstonescounseling.com">www.skippingstonescounseling.com</a>	Private Insurance, Sliding Scale, Open Path Collective (Half Price)	Adults	
<b>SPARC Foundation</b> 225 E. Chestnut Street, Asheville, NC 828-552-3771   <a href="http://www.thesparcfoundation.org">www.thesparcfoundation.org</a>	Medicaid	Children, Youth	
<b>St. Gerard House</b> 620 Oakland Street, Hendersonville, NC 828-693-4223   <a href="http://www.stgerardhouse.org">www.stgerardhouse.org</a>	Medicaid, NC Health Choice, Private Insurance	Children, Youth, Adults	
<b>Summit Wellness Centers, PLLC</b> 1293 Hendersonville Road, Asheville, NC 2557 Chimney Rock Road, Hendersonville, NC 828-692-6383   <a href="http://www.summitwellnesscenters.com">www.summitwellnesscenters.com</a>	Blue Cross/Blue Shield, Healthgram, Medcost, Private Insurance	Children, Youth, Adults	
<b>Tapestry</b> 11 N. Country Club Road, Brevard, NC 5010 Hendersonville Road, Fletcher, NC 119 Tunnel Road, Suite G, Asheville, NC 855-396-2604   <a href="http://www.tapestrync.com">www.tapestrync.com</a>	Medicaid, Private Insurance, Sliding Scale	Youth, Adults	
<b>The Free Clinics</b> 841 Case Street, Hendersonville, NC 828-697-8422   <a href="http://www.thefreeclinics.org">www.thefreeclinics.org</a>	No Charge	Adults	
<b>Transylvania Regional Hospital (Fresh Start Program)</b> 260 Hospital Drive, Brevard, NC 828-862-6393	Medicaid, Medicare	Older Adults	
<b>Your Next Chapter Counseling</b> 322 8th Avenue E., Hendersonville, NC 828-708-7088 <a href="http://www.yournextchaptercounseling.com">www.yournextchaptercounseling.com</a>	Medicaid, NC Health Choice Private Insurance, Sliding Scale	Youth, Adults	
<b>Youth Villages</b> 10 Crispin Court, Suite D230, Asheville, NC Main: 828-250-3700 "Healthy Transitions": 828-250-3726 "LifeSet" and "Intercept": 828-250-3725 Multisystemic Therapy: 828-250-3706 <a href="http://www.youthvillages.org">www.youthvillages.org</a>	Medicaid, NC Health Choice	Children, Youth, Young Adults	

## Referrals

Additional organizations in our community offer supports and services on a referral basis. Families should contact them individually for more information.

**Boys & Girls Club of Henderson County**  
1304 Ashe Street, Hendersonville, NC  
828-693-9444  
[www.bgchendersonco.org](http://www.bgchendersonco.org)

**Council on Aging for Henderson County**  
105 King Creek Blvd., Hendersonville, NC  
Main: 828-692-4203  
MOW Hotline: 828-692-6693  
[www.coahc.org](http://www.coahc.org)

**Interfaith Assistance Ministry**  
310 Freeman Street, Hendersonville, NC  
828-697-7029  
[www.iam-hc.org](http://www.iam-hc.org)

**MANNA Food Bank**  
623 Swannanoa River Road, Asheville, NC  
Main: 828-299-3663  
Hotline: 1-800-820-1109  
[www.mannafoodbank.org](http://www.mannafoodbank.org)

**Only Hope WNC**  
416 Allen Road, Hendersonville, NC  
Main: 828-693-5499  
Hotline: 828-702-4752  
[www.onlyhopewnc.org](http://www.onlyhopewnc.org)

**The Housing Assistance Corporation**  
602 Kanuga Road, Hendersonville, NC  
828-692-4744  
[www.housing-assistance.com](http://www.housing-assistance.com)

**Thrive**  
218 West Allen St. Suite B, Hendersonville, NC  
828-697-1581  
[www.thrive4health.org](http://www.thrive4health.org)

**True Ridge**  
Main: 828-205-1170  
Spanish COVID Hotline: 828-329-7169  
[www.trueridge.org](http://www.trueridge.org)

**United Way of Henderson County**  
32 Smyth Ave. Hendersonville, NC  
Main: 828-692-1636  
2-1-1 Helpline: 211  
[www.liveunitedhc.org](http://www.liveunitedhc.org) | [www.nc211.org](http://www.nc211.org)

**Vaya Health**  
200 Ridgefield Court, Asheville, NC  
1-800-849-6127  
[www.vayahealth.com](http://www.vayahealth.com)

**Western Carolina Community Action**  
220 King Creek Blvd., Hendersonville, NC  
828-693-1711  
[www.wcca.org](http://www.wcca.org)



**HENDERSON COUNTY  
PUBLIC SCHOOLS**