



Mental Health & Crisis Resources

compiled for families by



Reference the key at the bottom of this document for examples of service types provided by agencies/organizations listed. The list of resources is continued on back. Please note that due to limited space, not all services may be listed here. **[Updated May 2023]**

Agency / Organization	Payment Options	Ages Served	Type(s) of Services
AdventHealth 100 Hospital Drive, Hendersonville, NC 828-684-8501 AdventHealthNC.com	Medicaid, Medicare, NC Health Choice, Private Insurance, No Charge	Adults	   
AdventHealth Behavioral Health Hub 50 Hospital Drive, Suite 3C, Hendersonville, NC Call to triage urgent appointments: 828-650-8130	Medicaid, Medicare, NC Health Choice, Private Insurance	Adults	   
All Souls Counseling Center 35 Arlington Street, Asheville, NC 828-259-3369 www.allsouls counseling.org	Sliding Scale	Adults	  
Behavioral Health Crisis Center 356 Biltmore Ave., Asheville, NC Main: 828-254-2700	Medicaid, Medicare, NC Health Choice, Private Insurance	Adults	  
Blue Ridge Health 2579 Chimney Rock Road, Hendersonville, NC Main: 828-692-4289 ext. 2289 School Based Health Practice: 828-233-2280 www.brchs.com	Medicaid, Medicare, NC Health Choice, Private Insurance, Sliding Scale	Children, Youth, Adults	   
Carolina Pediatric Therapy 510 Fleming Street, Suite A, Hendersonville, NC 9 W. Summit Avenue, Asheville, NC 828-670-8056 www.carolinapedcs.com	Medicaid, NC Health Choice, Private Insurance, Self-Pay Discounts	Children, Youth	  
Carolina Resource Center for Eating Disorders P.O. Box 18103, Asheville, NC 828-337-4685 www.crcford.com	No Charge	Children, Youth, Adults	 
Children & Family Resource Center 851 Case Street #6503, Hendersonville, NC 828-698-0674 www.childrenandfamily.org	No Charge	Children, Adults	  
Compass Grief Services for Children & Teens 571 S. Allen Road, Flat Rock, NC 828-233-0334 fourseasons.teleioscn.org/what-we-offer/bereavement-support/heart-songs/	No Charge	Children, Youth	 
Crossnore Communities for Children 709 5th Avenue W., Hendersonville, NC 828-301-4622 www.crossnore.org	Medicaid, NC Health Choice, Private Insurance, Sliding Scale	Children, Youth	 
Family Preservation Services 120 Chadwick Sq. Crt., Suite C, Hendersonville, NC 828-697-4187	Medicaid, Medicare, NC Health Choice, Sliding Scale	Children, Youth, Adults	  
Full Circle Community Wellness 1915 George Street, Hendersonville, NC 828-222-0401 www.fullcirclewnc.org	Private Insurance, Sliding Scale, No Charge	Children, Youth, Adults	 
Healthy Transitions helpishere.nchealthytransitions.org	No Charge	Youth, Young Adults	
Henderson County Department of Public Health 1200 Spartanburg Hwy., Suite 100, Hendersonville, NC 828-694-6111 www.hendersoncountync.gov/health	Medicaid, NC Health Choice, Private Insurance, Sliding Scale	Children, Youth, Adults	  
Hope Coalition Recovery Community Center 101 S. Grove St., Hendersonville, NC 828-388-7979 www.elementsofhope.org	No Charge	Children, Youth, Adults	 
Latino Advocacy Coalition (El Centro) 508 N. Grove Street, Hendersonville, NC 828-290-7134 elcentrohvl.org	No Charge	Children, Youth, Adults	  
MAHEC 121 Hendersonville Road, Asheville, NC 828-398-3601 www.mahec.net	Medicaid, Medicare, NC Health Choice, Private Insurance, Sliding Scale	Children, Youth, Adults	  
Mental Health and Suicide Crisis Hotline Call or Text 24/7 9-8-8	No Charge	Anyone	 
Mountain Counseling Association, LLC 110 Williams Street, Hendersonville, NC 828-692-7300 mountaincounseling.com	Medicaid, Medicare, NC Health Choice, Private Insurance, Sliding Scale	Children, Youth, Adults	  
Mountain Creative Arts Counseling 307 N. Main Street, Suite 9-10, Hendersonville, NC 828-785-4789 www.mountaincreativearts.com	Blue Cross/Blue Shield, Private Insurance	Adults	 
NC Brookhaven 2 Walden Ridge Drive #30, Asheville, NC 828-676-1657 www.ncbrookhaven.com	Medicaid, Medicare, NC Health Choice, Private Insurance	Adults	

KEY:



Crisis Help

Suicide, Self-Harm,
Crisis, Domestic Violence



Behavioral Health

Anxiety, Depression, Disordered
Eating, Psychiatry, Substance
Abuse, Trauma Services & More



Other Specialized

Relationships, Parenting, Family,
LGBTQ+ Support; Therapy; Legal,
Housing, Advocacy Services & More



Multilingual Services



Crisis Help
Suicide, Self-Harm,
Crisis, Domestic Violence



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Anxiety, Depression, Disordered
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Multilingual Services

Agency / Organization	Payment Options	Ages Served	Type(s) of Services			
Nutritious Thoughts 170 Old Naples Road, Hendersonville, NC 828-333-0096 www.nutritious-thoughts.com	Medicare, Private Insurance, Sliding Scale	Children, Youth, Adults				
October Road Inc. 119 Tunnel Road, Suite D, Asheville, NC Main: 828-350-1000 / Hotline: 888-201-5086 www.octoberroadinc.net	Medicaid, Medicare, Private Insurance, Sliding Scale, No Charge	Adults				
Post Overdose Response Team (The Free Clinics) Certified Peer Support Specialists 828-845-0441 / 828-845-0541 www.thefreeclinics.org/port	No Charge	Adults				
Pardee UNC Health 800 N. Justice Street, Hendersonville, NC Main: 828-696-1000 / Hotline: 828-696-4250 www.pardeehospital.org	Medicaid, Medicare, NC Health Choice, Private Insurance	Adults				
RHA / Mobile Crisis Management 356 Biltmore Avenue, Asheville, NC Main: 828-254-2700 / MCM Crisis Line: 888-573-1006 www.rhahealthservices.org	Medicaid, Medicare, NC Health Choice, Private Insurance, No Charge	Children, Youth, Adults				
Safelight 133 5th Avenue W., Hendersonville, NC 828-693-3840 www.safelightfamily.org	No Charge	Children, Youth, Adults				
Skipping Stones Counseling 220 3rd Avenue W., Hendersonville, NC 828-398-0147 www.skippingstonescounseling.com	Private Insurance, Sliding Scale, Open Path Collective (Half Price)	Adults				
SPARC Foundation 225 E. Chestnut Street, Asheville, NC 828-552-3771 thesparcfoundation.org	Medicaid	Children, Youth				
St. Gerard House 620 Oakland Street, Hendersonville, NC 828-693-4223 www.stgerardhouse.org	Medicaid, NC Health Choice, Private Insurance	Children, Youth, Adults				
Summit Wellness Centers, PLLC 1293 Hendersonville Road, Asheville, NC 2557 Chimney Rock Road, Hendersonville, NC 828-692-6383 www.summitwellnesscenters.com	Blue Cross/Blue Shield, Healthgram, Medcost, Private Insurance	Children, Youth, Adults				
Tapestry 11 N. Country Club Road, Brevard, NC 5010 Hendersonville Road, Fletcher, NC 119 Tunnel Road, Suite G, Asheville, NC 855-396-2604 www.tapestrync.com	Medicaid, Private Insurance, Sliding Scale	Youth, Adults				
The Free Clinics 841 Case Street, Hendersonville, NC 828-697-8422 www.thefreeclinics.org	No Charge	Adults				
Transylvania Regional Hospital (Fresh Start Program) 260 Hospital Drive, Brevard, NC 828-862-6393	Medicaid, Medicare	Older Adults				
Your Next Chapter Counseling 322 8th Avenue E., Hendersonville, NC 828-708-7088 www.yournextchaptercounseling.com	Medicaid, NC Health Choice Private Insurance, Sliding Scale	Youth, Adults				
Youth Villages 10 Crispin Court, Suite D230, Asheville, NC Main: 828-250-3700 "Healthy Transitions": 828-250-3726 "LifeSet" and "Intercept": 828-250-3725 Multisystemic Therapy: 828-250-3706 www.youthvillages.org	Medicaid, NC Health Choice	Children, Youth, Young Adults				

Referrals

Additional organizations in our community offer supports and services on a referral basis. Families should contact them individually for more information.

Boys & Girls Club of Henderson County
1304 Ashe Street, Hendersonville, NC
828-693-9444
www.bgchendersonco.org

Council on Aging for Henderson County
105 King Creek Blvd., Hendersonville, NC
Main: 828-692-4203
MOW Hotline: 828-692-6693
www.coahc.org

Interfaith Assistance Ministry
310 Freeman Street, Hendersonville, NC
828-697-7029
www.iam-hc.org

MANNA Food Bank
623 Swannanoa River Road, Asheville, NC
Main: 828-299-3663
Hotline: 1-800-820-1109
mannafoodbank.org

Only Hope WNC
416 Allen Road, Hendersonville, NC
Main: 828-693-5499
Hotline: 828-702-4752
onlyhopewnc.org

The Housing Assistance Corporation
602 Kanuga Road, Hendersonville, NC
828-692-4744
www.housing-assistance.com

Thrive
218 West Allen St. Suite B, Hendersonville, NC
828-697-1581
www.thrive4health.org

True Ridge
Main: 828-205-1170
Spanish COVID Hotline: 828-329-7169
www.trueridge.org

United Way of Henderson County
32 Smyth Ave. Hendersonville, NC
Main: 828-692-1636
2-1-1 Helpline: 211
www.liveunitedhc.org | www.nc211.org

Vaya Health
200 Ridgefield Court, Asheville, NC
1-800-849-6127
www.vayahealth.com

Western Carolina Community Action
220 King Creek Blvd., Hendersonville, NC
828-693-1711
www.wcca.org



**HENDERSON COUNTY
PUBLIC SCHOOLS**