



Mental Health & Crisis Resources

compiled for families by



Reference the key at the bottom of this document for examples of service types provided by agencies/ organizations listed. The list of resources is continued on back. Please note that due to limited space, not all services may be listed here. *[Updated May 2023]*

Agency / Organization	Payment Options	Ages Served	Type(s) of Services
AdventHealth 100 Hospital Drive, Hendersonville, NC 828-684-8501 AdventHealthNC.com	Medicaid, Medicare, NC Health Choice, Private Insurance, No Charge	Adults	✓ ✓ ✓ ✓
AdventHealth Behavioral Health Hub 50 Hospital Drive, Suite 3C, Hendersonville, NC Call to triage urgent appointments: 828-650-8130	Medicaid, Medicare, NC Health Choice, Private Insurance	Adults	✓ ✓ ✓ ✓
All Souls Counseling Center 35 Arlington Street, Asheville, NC 828-259-3369 www.allsouls counseling.org	Sliding Scale	Adults	✓ ✓ ✓
Behavioral Health Crisis Center 356 Biltmore Ave., Asheville, NC Main: 828-254-2700	Medicaid, Medicare, NC Health Choice, Private Insurance	Adults	✓ ✓ ✓
Blue Ridge Health 2579 Chimney Rock Road, Hendersonville, NC Main: 828-692-4289 ext. 2289 School Based Health Practice: 828-233-2280 www.brchs.com	Medicaid, Medicare, NC Health Choice, Private Insurance, Sliding Scale	Children, Youth, Adults	✓ ✓ ✓ ✓
Carolina Pediatric Therapy 510 Fleming Street, Suite A, Hendersonville, NC 9 W. Summit Avenue, Asheville, NC 828-670-8056 www.carolinapedts.com	Medicaid, NC Health Choice, Private Insurance, Self-Pay Discounts	Children, Youth	✓ ✓ ✓
Carolina Resource Center for Eating Disorders P.O. Box 18103, Asheville, NC 828-337-4685 www.crcford.com	No Charge	Children, Youth, Adults	✓ ✓
Children & Family Resource Center 851 Case Street #6503, Hendersonville, NC 828-698-0674 www.childrenandfamily.org	No Charge	Children, Adults	✓ ✓ ✓
Compass Grief Services for Children & Teens 571 S. Allen Road, Flat Rock, NC 828-233-0334 fourseasons.teleioscn.org/what-we-offer/bereavement-support/heart-songs/	No Charge	Children, Youth	✓ ✓
Crossnore Communities for Children 709 5th Avenue W., Hendersonville, NC 828-301-4622 www.crossnore.org	Medicaid, NC Health Choice, Private Insurance, Sliding Scale	Children, Youth	✓ ✓
Family Preservation Services 120 Chadwick Sq. Crt., Suite C, Hendersonville, NC 828-697-4187	Medicaid, Medicare, NC Health Choice, Sliding Scale	Children, Youth, Adults	✓ ✓ ✓
Full Circle Community Wellness 1915 George Street, Hendersonville, NC 828-222-0401 www.fullcirclewnc.org	Private Insurance, Sliding Scale, No Charge	Children, Youth, Adults	✓ ✓
Healthy Transitions helpshere.nchealthytransitions.org	No Charge	Youth, Young Adults	✓
Henderson County Department of Public Health 1200 Spartanburg Hwy., Suite 100, Hendersonville, NC 828-694-6111 www.hendersoncountync.gov/health	Medicaid, NC Health Choice, Private Insurance, Sliding Scale	Children, Youth, Adults	✓ ✓ ✓
Hope Coalition Recovery Community Center 101 S. Grove St., Hendersonville, NC 828-388-7979 www.elementsofhope.org	No Charge	Children, Youth, Adults	✓ ✓
Latino Advocacy Coalition (El Centro) 508 N. Grove Street, Hendersonville, NC 828-290-7134 www.elcentrolac.org	No Charge	Children, Youth, Adults	✓ ✓ ✓
MAHEC 121 Hendersonville Road, Asheville, NC 828-398-3601 www.mahec.net	Medicaid, Medicare, NC Health Choice, Private Insurance, Sliding Scale	Children, Youth, Adults	✓ ✓ ✓
Mental Health and Suicide Crisis Hotline Call or Text 24/7 9-8-8	No Charge	Anyone	✓ ✓
Mountain Counseling Association, LLC 110 Williams Street, Hendersonville, NC 828-692-7300 mountaincounseling.com	Medicaid, Medicare, NC Health Choice, Private Insurance, Sliding Scale	Children, Youth, Adults	✓ ✓ ✓
Mountain Creative Arts Counseling 307 N. Main Street, Suite 9-10, Hendersonville, NC 828-785-4789 www.mountaincreativearts.com	Blue Cross/Blue Shield, Private Insurance	Adults	✓ ✓
NC Brookhaven 2 Walden Ridge Drive #30, Asheville, NC 828-676-1657 www.ncbrookhaven.com	Medicaid, Medicare, NC Health Choice, Private Insurance	Adults	✓

KEY:

- Crisis Help**
Suicide, Self-Harm, Crisis, Domestic Violence
- Behavioral Health**
Anxiety, Depression, Disordered Eating, Psychiatry, Substance Abuse, Trauma Services & More
- Other Specialized**
Relationships, Parenting, Family, LGBTQ+ Support; Therapy; Legal, Housing, Advocacy Services & More
- Multilingual Services**

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**Crisis Help**
Suicide, Self-Harm,
Crisis, Domestic Violence**Behavioral Health**
Anxiety, Depression, Disordered
Eating, Psychiatry, Substance
Abuse, Trauma Services & More**Other Specialized**
Relationships, Parenting, Family,
LGBTQ+ Support; Therapy; Legal,
Housing, Advocacy Services & More**Multilingual Services**

Agency / Organization	Payment Options	Ages Served	Type(s) of Services
Nutritious Thoughts 170 Old Naples Road, Hendersonville, NC 828-333-0096 www.nutritious-thoughts.com	Medicare, Private Insurance, Sliding Scale	Children, Youth, Adults	
October Road Inc. 119 Tunnel Road, Suite D, Asheville, NC Main: 828-350-1000 / Hotline: 888-201-5086 www.octoberroadinc.net	Medicaid, Medicare, Private Insurance, Sliding Scale, No Charge	Adults	
Post Overdose Response Team (The Free Clinics) Certified Peer Support Specialists 828-845-0441 / 828-845-0541 www.thefreeclinics.org/port	No Charge	Adults	
Pardee UNC Health 800 N. Justice Street, Hendersonville, NC Main: 828-696-1000 / Hotline: 828-696-4250 www.pardeehospital.org	Medicaid, Medicare, NC Health Choice, Private Insurance	Adults	
RHA / Mobile Crisis Management 356 Biltmore Avenue, Asheville, NC Main: 828-254-2700 / MCM Crisis Line: 888-573-1006 www.rhahealthservices.org	Medicaid, Medicare, NC Health Choice, Private Insurance, No Charge	Children, Youth, Adults	
Safelight 133 5th Avenue W., Hendersonville, NC 828-693-3840 www.safelightfamily.org	No Charge	Children, Youth, Adults	
Skipping Stones Counseling 220 3rd Avenue W., Hendersonville, NC 828-398-0147 www.skippingstonescounseling.com	Private Insurance, Sliding Scale, Open Path Collective (Half Price)	Adults	
SPARC Foundation 225 E. Chestnut Street, Asheville, NC 828-552-3771 www.thesparcfoundation.org	Medicaid	Children, Youth	
St. Gerard House 620 Oakland Street, Hendersonville, NC 828-693-4223 www.stgerardhouse.org	Medicaid, NC Health Choice, Private Insurance	Children, Youth, Adults	
Summit Wellness Centers, PLLC 1293 Hendersonville Road, Asheville, NC 2557 Chimney Rock Road, Hendersonville, NC 828-692-6383 www.summitwellnesscenters.com	Blue Cross/Blue Shield, Healthgram, Medcost, Private Insurance	Children, Youth, Adults	
Tapestry 11 N. Country Club Road, Brevard, NC 5010 Hendersonville Road, Fletcher, NC 119 Tunnel Road, Suite G, Asheville, NC 855-396-2604 www.tapestrync.com	Medicaid, Private Insurance, Sliding Scale	Youth, Adults	
The Free Clinics 841 Case Street, Hendersonville, NC 828-697-8422 www.thefreeclinics.org	No Charge	Adults	
Transylvania Regional Hospital (Fresh Start Program) 260 Hospital Drive, Brevard, NC 828-862-6393	Medicaid, Medicare	Older Adults	
Your Next Chapter Counseling 322 8th Avenue E., Hendersonville, NC 828-708-7088 www.yournextchaptercounseling.com	Medicaid, NC Health Choice Private Insurance, Sliding Scale	Youth, Adults	
Youth Villages 10 Crispin Court, Suite D230, Asheville, NC Main: 828-250-3700 "Healthy Transitions": 828-250-3726 "LifeSet" and "Intercept": 828-250-3725 Multisystemic Therapy: 828-250-3706 www.youthvillages.org	Medicaid, NC Health Choice	Children, Youth, Young Adults	

Referrals

Additional organizations in our community offer supports and services on a referral basis. Families should contact them individually for more information.

Boys & Girls Club of Henderson County
1304 Ashe Street, Hendersonville, NC
828-693-9444
www.bgchendersonco.org

Council on Aging for Henderson County
105 King Creek Blvd., Hendersonville, NC
Main: 828-692-4203
MOW Hotline: 828-692-6693
www.coahc.org

Interfaith Assistance Ministry
310 Freeman Street, Hendersonville, NC
828-697-7029
www.iam-hc.org

MANNA Food Bank
623 Swannanoa River Road, Asheville, NC
Main: 828-299-3663
Hotline: 1-800-820-1109
www.mannafoodbank.org

Only Hope WNC
416 Allen Road, Hendersonville, NC
Main: 828-693-5499
Hotline: 828-702-4752
www.onlyhopewnc.org

The Housing Assistance Corporation
602 Kanuga Road, Hendersonville, NC
828-692-4744
www.housing-assistance.com

Thrive
218 West Allen St. Suite B, Hendersonville, NC
828-697-1581
www.thrive4health.org

True Ridge
Main: 828-205-1170
Spanish COVID Hotline: 828-329-7169
www.trueridge.org

United Way of Henderson County
32 Smyth Ave. Hendersonville, NC
Main: 828-692-1636
2-1-1 Helpline: 211
www.liveunitedhc.org | www.nc211.org

Vaya Health
200 Ridgefield Court, Asheville, NC
1-800-849-6127
www.vayahealth.com

Western Carolina Community Action
220 King Creek Blvd., Hendersonville, NC
828-693-1711
www.wcca.org

**HENDERSON COUNTY
PUBLIC SCHOOLS**