

**Seizure Action Plan(7-16)**

Student's Name: \_\_\_\_\_ DOB: \_\_\_\_\_ School/Teacher \_\_\_\_\_

Parent/Guardian: \_\_\_\_\_ Phone (w): \_\_\_\_\_ (c): \_\_\_\_\_ (h): \_\_\_\_\_

Parent/Guardian: \_\_\_\_\_ Phone (w): \_\_\_\_\_ (c): \_\_\_\_\_ (h): \_\_\_\_\_

Physician: \_\_\_\_\_ Phone: \_\_\_\_\_ Fax: \_\_\_\_\_

**SEIZURE INFORMATION**

| Seizure Type | Length | Frequency | Description |
|--------------|--------|-----------|-------------|
|--------------|--------|-----------|-------------|

|                                    |                         |
|------------------------------------|-------------------------|
| Seizure Triggers or warning signs: | Response after seizure: |
|------------------------------------|-------------------------|

|  |   |
|--|---|
| <b>Special Considerations and Precautions:</b><br>(activities, trips...) | <b>Dietary Adjustments due to medication:</b><br><b>(Complete Diet Order if needed)</b> |
|--|---|


**Medications:**

**TREATMENT**

|  |   |
|--|---|
| <input type="checkbox"/> Absence<br><input type="checkbox"/> Atonic<br><input type="checkbox"/> Complex Partial<br><input type="checkbox"/> Infantile Spasms | <ol style="list-style-type: none"> <li>Stay with the student during and after the seizure. Although the student may appear conscious, he/she may lose awareness of surroundings.</li> <li>Be prepared to assist student to the floor if he loses consciousness.</li> <li>Time seizures and watch for clusters.</li> <li>Document seizure in log.</li> <li>Notify parent: _____ (Notebook) _____ (phone) _____ (email) _____ (text)</li> </ol> <p><b>Special Instructions:</b></p> |
|--|---|

|   |  |
|---|--|
| <input type="checkbox"/> General Tonic/Clonic | <ol style="list-style-type: none"> <li>Do not restrain movement. Assist student to floor if possible. Remove hard, sharp objects from the area</li> <li>Turn student on side in recovery position. Loosen the student's collar. Do not place anything in the mouth. Protect student's privacy.</li> <li>Observe, note time, and be prepared to describe the pattern of the seizure.</li> <li>Record details as they occur or as soon as possible thereafter.</li> <li>Notify parent : _____ (Notebook) _____ (phone) _____ (email) _____ (text)</li> <li>When seizure is over, allow the student to rest.</li> <li>Stay with the student until fully recovered or parent arrives.</li> </ol> |
|---|--|

|   |   |
|---|---|
| <b>Administer Emergency Medication:</b> | <p><b>Diastat Order:</b> _____</p> <p><b>Vagus Nerve Stimulator?</b> <input type="checkbox"/> Yes <input type="checkbox"/> No</p> <p>If Yes, Location of VNS: _____ Swipe after _____ min. Repeat Swipe if: _____ (Please include max number of times to swipe)</p> |
|---|---|

|   |   |
|---|---|
| <p><b>Call 911!</b></p>  | <p><b>Call 911 if:</b></p> <ul style="list-style-type: none"> <li>The seizure lasts more than _____ minutes, or</li> <li>The student has a continuous seizure, or cluster of <math>\geq</math> _____ seizure(s)</li> <li>The student remains unconscious after the seizure, or</li> <li>He or she is having difficulty breathing, or</li> <li>Any injury resulted from the seizure, especially head injuries.</li> <li>_____</li> </ul> |
|---|---|

❖ **Physician's signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_

Medications require HCPS Medication Administration Form. Special procedures require MD signature.

*I hereby authorize my physician/medical provider to release to the school nurse specific, confidential medical information contained in his/her record about my child. This information will be used by school staff to deliver health care services to my child in school.*

**Parent / Guardian Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_

**School Nurse Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_

Student's Name: \_\_\_\_\_

Date: \_\_\_\_\_

**Teaching Log for Vagus Nerve Stimulator (VNS)**

*\*please check off each item covered\**

*The teaching session should include:*

- *How a vagus nerve stimulator works to stop a seizure.*
- *Signs and symptoms of seizure activity in this student.*
- *At what point in seizure activity is the VNS used.*
- *Number of times magnet should be swiped (according to physician's order)*
- *Locations of VNS in chest wall*
- *Location of VNS magnetic wand*

**Description of Procedure for VNS Administrations**

\_\_\_\_\_ *Observe child for seizure activity*

\_\_\_\_\_ *Time seizure*

\_\_\_\_\_ *Activate VNS by moving the magnetic wand across vagus nerve stimulator according to physician's order*

\_\_\_\_\_ *Call 911 for seizure lasting longer than 5 minutes (or according to Physician's order), respiratory distress or unresponsiveness following seizure.*

\_\_\_\_\_ *Notify parent*

**Nurse Instructor Name:** \_\_\_\_\_

**Staff Sign In:**

| <u>Name</u> | <u>Signature</u> | <u>Date</u> |
|-------------|------------------|-------------|
| 1. _____    | _____            | _____       |
| 2. _____    | _____            | _____       |
| 3. _____    | _____            | _____       |
| 4. _____    | _____            | _____       |