

## Recommendations for Elementary Instructional Time

### Recommendations for K-3

		5.5 hours daily of instruction
Literacy	A minimum of 120 minutes daily - uninterrupted	2.0 hrs./daily
Math	A minimum of 60 minutes daily - uninterrupted	1.0 hrs./daily
Science	30 minutes daily or 150 min/wk	0.5 hrs./daily
Social Studies	30 minutes daily or 150 min/wk	0.5 hrs./daily
Physical Activity	30 minutes 2 days week w/ PE Teacher 30 minutes 3 days/week w/ classroom teacher	0.5 hrs./daily
Arts	30 min, 2 times/wk	
Media	30 min per week	
Health	30 min per week	
Technology	Should be integrated with content	

### Recommendations for Grades 4-5

		5.5 hours daily of instruction
Literacy	A minimum of 120 minutes daily - uninterrupted	2.0 hrs./daily
Math	A minimum of 60 minutes daily - uninterrupted	1.0 hrs./daily
Science	30 minutes daily or 150 min/wk	0.5 hrs./daily
Social Studies	30 minutes daily or 150 min/wk	0.5 hrs./daily
Physical Activity	30 minutes 3 days per week w/ classroom teacher 45 minutes 2 days per week w/ PE Teacher	0.75 hrs./daily
Arts	45 min, 2 times/wk	
Media	45 min per week (contingent on flex scheduling or project/research projects)	
Health	30 min per week	
Technology	30 minutes per week (should be integrated with content)	

Science and social studies should be integrated into the nonfiction reading.

Staffing allocations for specialists: (arts, PE, media):

K-3:

PE & Arts: 2 – 30 minutes/wk

Media: 1 – 30 minute/wk

Grades 4-5:

PE & Arts: 2 – 45 minutes/wk

Media: 1 – 45 minute/wk