

# The Leader in Me™

7 Habits of Happy Kids

## Using Your Habits at Home

Upward Elementary is using **The Leader in Me** to help our students develop their leadership skills. **The Leader In Me** process is based on the **7 Habits**; each month we'll send ideas to work on the Habits at home, as well as a list of books that demonstrate the Habits. This month we are focusing on **Habit 2: Begin with the End in Mind**.

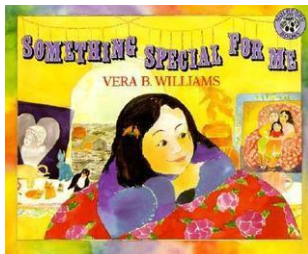
### Habit 2: Begin with the End in Mind

I plan ahead and set goals. I do things that have meaning and make a difference. I am an important part of my classroom and contribute to my school's mission and vision, and look for ways to be a good citizen.

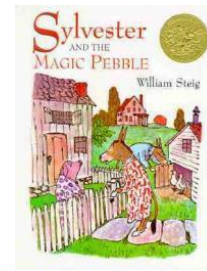
#### At Home:

- Discuss your family goals and what you would like to be when you grow up.
- Make a family mission statement.
- Create a family budget. Have children determine how to spend and save their money.

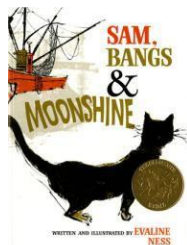
### Books for Grades K-2



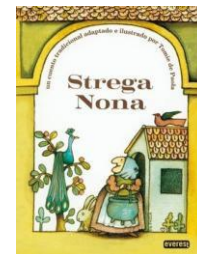
**Something Special for Me**  
by Vera Williams



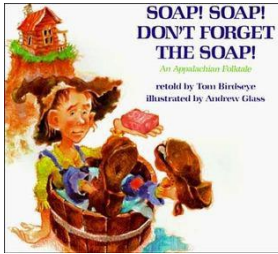
**Sylvester and the Magic Pebble**  
by William Steig



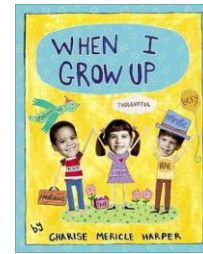
**Sam, Bangs, & Moonshine**  
by Evaline Ness



**Strega Nona**  
by Tommie DePaola



***Soap! Soap! Don't Forget the Soap!***  
by Tom Birdseye



***When I Grow Up***  
by Charise Mericle Harper

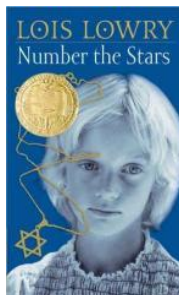
## Books for Grades 3-5



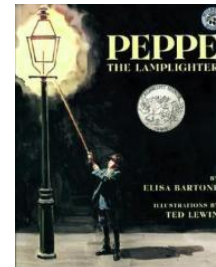
***Shiloh***  
by Phyllis Reynolds Naylor



***The Stories Julian Tells***  
by Ann Cameron



***Number the Stars***  
by Lois Lowry



***Peppe the Lamplighter***  
by Elisa Bartone