HENDERSONVILLE MIDDLE SCHOOL



Home of the Bearcats

825 N. Whitted Street Hendersonville, N.C. 28791 828-697-4800

Luke Manuel, Principal Amanda Childers, Assistant Principal Matthew Ramsey, Assistant Principal

Physical Education Class Description:

The health and physical education department at Hendersonville Middle School welcomes your child to our class. During the coming months, the students will learn much about themselves through various games and activities. In order to get the year off to a good start, we believe the student as well as the parents need to understand what is expected in our class.

The Physical Education Grade is determined by the following method:

- 1. Students must dress in t-shirts, shorts or sweats, socks and tennis shoes. Each student will have the ability to purchase a P.E. uniform at the beginning of school. All 6th and 7th graders are required to wear the uniform that consists of red shorts and a white shirt. All 8th grade students must bring in a change of clothes for their physical education period.
- 2. Students must participate in the planned activity.
- 3. Students that are sick or injured must bring a note from their parents.
- 4. Students will lose up to five points for each day that the above criteria are not met.
- 5. Parents will be notified if a students grade starts to fall because of the lack of dressing out. This will be done in the form of a letter sent to the home or a placing phone call to the parents.

All physical education students have the opportunity to use a lock and locker in the dressing rooms. Their clothes and all valuables should be locked in a locker during the class period. Each student should bring a \$5.00 deposit to secure a P. E. Lock.

Health classes are scheduled during various weeks during each nine weeks period. Students will be graded on class work, reports, and chapter tests. The health and physical education grade will be combined and reflected on the report card as one grade.

If you have any questions, please feel free to call or visit the P. E. Department. Let's work together to make Health and Physical Education a good learning experience for everyone.

Thank You,

HMS PE Teachers