**Apprenticeship**

~ Ideal for student **not planning a 4 year education**

~ Begins senior year and continues after graduation

~ Can be as important as a four-year degree

~ Agreement between student, high school, employer, and NC Dept. of Labor

~ Student is paid by the employer

~ Combines on the job training & classroom instruction

~ Specific training process is developed by employer & DOL

~ 2,000 – 8,000 hours (depends on occupation)

~ 144 educational contact hours for each 2,000 OTJ hours

~ Receives Journeyman’s Certification upon completion (nationally recognized)

~ Receives two units of high school credit

~ Receives grade

~ Requires serious consideration and commitment by both student and employer

~ Employer must have Workman’s Compensation Insurance

~ Over 800 apprenticable occupations!

**Internship**

~ Experiential learning in student’s career interest area

~ Done during one or two periods during the senior year

~ Unpaid experience

~ 180 hours required to earn one unit of high school credit

~ Completes portfolio

~ Evaluated by worksite sponsor

~ Has teacher sponsor at school

~ Receives grade

~ Some career areas are more suitable to internship than others

Apprenticeship Website [www.dol.state.nc.us](http://www.dol.state.nc.us)