



Henderson County Public Schools
Elementary - Universal Breakfast Menu January 2018
 (Revised 12/07/17)

<p style="text-align: center;">1 Happy New Year</p> 	<p style="text-align: center;">2 Chicken Little (36)^{1,2,5} OR Cereal (24)^{1,2} &Cheerio Cereal Bar^{1,2} (26g) With Apple (19) Choice of Milk (12g)¹</p>	<p style="text-align: center;">3 French Toast^{1,2,5 (37)} OR Cereal (24)^{1,2} &Cheerio Cereal Bar^{1,2} (26g) with orange smiles (16g) Assorted Juice(14.5g) Choice of Milk (12g)¹</p>	<p style="text-align: center;">4 Cheese biscuit^{1,5(25)} OR Cereal (24)^{1,2} &Cheerio Cereal Bar^{1,2} (26g) Peach cup (18) Fruit juice (14.5) Choice of Milk (12g)¹</p>	<p style="text-align: center;">5 Super Doughnut^{1,25} (29) OR Cereal (24)^{1,2} &Cheerio Cereal Bar^{1,2} (26g) Assorted Juice Choice of Milk (12g)</p>
<p style="text-align: center;">8 Pancake on a stick^{1,2,5} (26) OR Cereal (24)^{1,2} &Cheerio Cereal Bar^{1,2} (26g) with Raisin (22) Assorted Juice(14.5) Choice of Milk (12g)¹</p>	<p style="text-align: center;">9 Bagel with Cream cheese (35.3) Cereal (24)^{1,2} &Cheerio Cereal Bar^{1,2} (26g) Mixed fruit (22) Assorted Juice(14.5) Choice of Milk (12g)</p>	<p style="text-align: center;">10 Breakfast sliders^{1,2,5} (21) OR Cereal (24)^{1,2} &Cheerio Cereal Bar^{1,2} (26g) diced pears(19) Assorted Juice(14.5) Choice of Milk (12g)¹</p>	<p style="text-align: center;">11 Yogurt¹ (16g) and granola (15) OR Cereal (24)^{1,2} &Cheerio Cereal Bar^{1,2} (26g) with Apple (19) Choice of Milk (12g)¹</p>	<p style="text-align: center;">12 Apple Frudel^{1,5} (36) Cereal (24)^{1,2} &Cheerio Cereal Bar^{1,2} (26g) with Fresh pears (19) Choice of Milk (12g)</p>
<p style="text-align: center;">15 Optional Workday</p> 	<p style="text-align: center;">16 Chicken Little (36)^{1,2,5} OR Cereal (24)^{1,2} &Cheerio Cereal Bar^{1,2} (26g) With Apple (19) Choice of Milk (12g)¹</p>	<p style="text-align: center;">17 French Toast^{1,2,5 (37)} OR Cereal (24)^{1,2} &Cheerio Cereal Bar^{1,2} (26g) orange smiles (16g) Assorted Juice(14.5g) Choice of Milk (12g)¹</p>	<p style="text-align: center;">18 Cheese biscuit^{1,5(25)} OR Cereal (24)^{1,2} &Cheerio Cereal Bar^{1,2} (26g) Peach cup (18) Fruit juice (14.5) Choice of Milk (12g)¹</p>	<p style="text-align: center;">19 Super Doughnut^{1,25} (29) OR Cereal (24)^{1,2} &Cheerio Cereal Bar^{1,2} (26g) Pears Assorted Juice Choice of Milk (12g)</p>

Henderson County Public Schools
Elementary - Universal Breakfast Menu January 2018
 (Revised 12/07/17)

22 Flex only Pancake on a stick^{1,2,5} (26) OR Cereal (24) ^{1,2} & Cheerio Cereal Bar^{1,2} (26g) with Raisin (22) Assorted Juice(14.5) Choice of Milk (12g) ¹	23 Bagel with Cream cheese (35.3) Cereal (24) ^{1,2} & Cheerio Cereal Bar^{1,2} (26g) with Mixed fruit (22) Assorted Juice(14.5) Choice of Milk (12g)	24 Breakfast sliders^{1,2,5} (21) OR Cereal (24) ^{1,2} & Cheerio Cereal Bar^{1,2} (26g) diced pears(19) Assorted Juice(14.5) Choice of Milk (12g) ¹	25 Yogurt ¹ (16g) and granola (15) OR Cereal (24) ^{1,2} & Cheerio Cereal Bar^{1,2} (26g) with Apple (19) Choice of Milk (12g) ¹	26 Apple Frudel^{1,5} (36) Cereal (24) ^{1,2} & Cheerio Cereal Bar^{1,2} (26g) with Fresh pears (19) Choice of Milk (12g)
29 Banana bread^{1,2,5} (44) Cereal (24) ^{1,2} & Cheerio Cereal Bar^{1,2} (26g) with Raisin (22g) Assorted Juice(14.5) Choice of Milk (12g) ¹	30 Chicken Little (36) ^{1,2,5} OR Cereal (24) ^{1,2} & Cheerio Cereal Bar^{1,2} (26g) With Apple (19) Choice of Milk (12g) ¹	31 French Toast^{1,2,5 (37)} OR Cereal (24) ^{1,2} & Cheerio Cereal Bar^{1,2} (26g) with orange smiles (16g) Assorted Juice(14.5g) Choice of Milk (12g) ¹	1 Cheese biscuit^{1,5(25)} OR Cereal (24) ^{1,2} & Cheerio Cereal Bar^{1,2} (26g) Peach cup (18) Fruit juice (14.5) Choice of Milk (12g) ¹	2 Super Doughnut^{1,25} (29) OR Cereal (24) ^{1,2} & Cheerio Cereal Bar^{1,2} (26g) Pears Assorted Juice Choice of Milk (12g)

1. Contains Milk 2. Contains Egg 3. Contains Nuts 4. Contains Fish 5. Contains Soy

Replacement for Gluten Item, **Contains Gluten, no replacement**