

Henderson County Public Schools
Elementary - Universal Breakfast Menu February 2018
 (Revised 1/15/18)

<p style="text-align: center;">29</p> <p>Banana bread^{2,5} (44)</p> <p>Cereal (24)^{1,2} &Cheerio Cereal Bar^{1,2} (26g)</p> <p>with Raisin (22g) Assorted Juice(14.5) Choice of Milk (12g)¹</p>	<p style="text-align: center;">30</p> <p>Chicken Little (36)^{1,2,5} OR</p> <p>Cereal (24)^{1,2} &Cheerio Cereal Bar^{1,2} (26g)</p> <p>With Apple (19) Choice of Milk (12g)¹</p>	<p style="text-align: center;">31</p> <p>French Toast^{1,2,5 (37)}</p> <p>OR</p> <p>Cereal (24)^{1,2} &Cheerio Cereal Bar^{1,2} (26g)</p> <p>with orange smiles (16g) Assorted Juice(14.5g) Choice of Milk (12g)¹</p>	<p style="text-align: center;">1</p> <p>Cheese biscuit^{1,5(25)}</p> <p>OR</p> <p>Cereal (24)^{1,2} &Cheerio Cereal Bar^{1,2} (26g)</p> <p>Peach cup (18) Fruit juice (14.5) Choice of Milk (12g)¹</p>	<p style="text-align: center;">2</p> <p>Super Doughnut^{1,25} (29) OR</p> <p>Cereal (24)^{1,2} &Cheerio Cereal Bar^{1,2} (26g)</p> <p>Assorted Juice Choice of Milk (12g)</p>
<p style="text-align: center;">5</p> <p>Pancake on a stick^{1,2,5} (26)</p> <p>OR</p> <p>Cereal (24)^{1,2} &Cheerio Cereal Bar^{1,2} (26g)</p> <p>with Raisin (22) Assorted Juice(14.5) Choice of Milk (12g)¹</p>	<p style="text-align: center;">6</p> <p>Bagel with Cream cheese (35.3)</p> <p>Cereal (24)^{1,2} &Cheerio Cereal Bar^{1,2} (26g)</p> <p>Mixed fruit (22) Assorted Juice(14.5) Choice of Milk (12g)</p>	<p style="text-align: center;">7</p> <p>Breakfast sliders^{1,2,5} (21)</p> <p>OR</p> <p>Cereal (24)^{1,2} &Cheerio Cereal Bar^{1,2} (26g)</p> <p>diced pears(19) Assorted Juice(14.5) Choice of Milk (12g)¹</p>	<p style="text-align: center;">8</p> <p>Yogurt¹ (16g) and granola (15) OR</p> <p>Cereal (24)^{1,2} &Cheerio Cereal Bar^{1,2} (26g)</p> <p>with Apple (19) Choice of Milk (12g)¹</p>	<p style="text-align: center;">9</p> <p>Apple Frudel^{1,5} (36)</p> <p>Cereal (24)^{1,2} &Cheerio Cereal Bar^{1,2} (26g)</p> <p>with Fresh pears (19) Choice of Milk (12g)</p>
<p style="text-align: center;">12</p> <p>Banana bread^{2,5} (44)</p> <p>Cereal (24)^{1,2} &Cheerio Cereal Bar^{1,2} (26g)</p> <p>with Raisin (22g) Assorted Juice(14.5) Choice of Milk (12g)¹</p>	<p style="text-align: center;">13</p> <p>Chicken Little (36)^{1,2,5} OR</p> <p>Cereal (24)^{1,2} &Cheerio Cereal Bar^{1,2} (26g)</p> <p>With Apple (19) Choice of Milk (12g)¹</p>	<p style="text-align: center;">14</p> <p>French Toast^{1,2,5 (37)}</p> <p>OR</p> <p>Cereal (24)^{1,2} &Cheerio Cereal Bar^{1,2} (26g)</p> <p>orange smiles (16g) Assorted Juice(14.5g) Choice of Milk (12g)¹</p>	<p style="text-align: center;">15</p> <p>Cheese biscuit^{1,5(25)}</p> <p>OR</p> <p>Cereal (24)^{1,2} &Cheerio Cereal Bar^{1,2} (26g)</p> <p>Peach cup (18) Fruit juice (14.5) Choice of Milk (12g)¹</p>	<p style="text-align: center;">16</p> <p>Super Doughnut^{1,25} (29) OR</p> <p>Cereal (24)^{1,2} &Cheerio Cereal Bar^{1,2} (26g)</p> <p>Pears Assorted Juice Choice of Milk (12g)</p>

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<p style="text-align: center;">19</p> <p style="text-align: center;">Flex only Pancake on a stick^{1,2,5} (26) OR Cereal (24)^{1,2} & Cheerio Cereal Bar^{1,2} (26g) with Raisin (22) Assorted Juice(14.5) Choice of Milk (12g)¹</p>	<p style="text-align: center;">20</p> <p style="text-align: center;">Bagel with Cream cheese (35.3) Cereal (24)^{1,2} & Cheerio Cereal Bar^{1,2} (26g) with Mixed fruit (22) Assorted Juice(14.5) Choice of Milk (12g)</p>	<p style="text-align: center;">21</p> <p style="text-align: center;">Breakfast sliders^{1,2,5} (21) OR Cereal (24)^{1,2} & Cheerio Cereal Bar^{1,2} (26g) diced pears(19) Assorted Juice(14.5) Choice of Milk (12g)¹</p>	<p style="text-align: center;">22</p> <p style="text-align: center;">Yogurt¹ (16g) and granola (15) OR Cereal (24)^{1,2} & Cheerio Cereal Bar^{1,2} (26g) with Apple (19) Choice of Milk (12g)¹</p>	<p style="text-align: center;">23</p> <p style="text-align: center;">Apple Frudel^{1,5} (36) Cereal (24)^{1,2} & Cheerio Cereal Bar^{1,2} (26g) with Fresh pears (19) Choice of Milk (12g)</p>
<p style="text-align: center;">26</p> <p style="text-align: center;">Banana bread^{1,2,5} (44) Cereal (24)^{1,2} & Cheerio Cereal Bar^{1,2} (26g) with Raisin (22g) Assorted Juice(14.5) Choice of Milk (12g)¹</p>	<p style="text-align: center;">27</p> <p style="text-align: center;">Chicken Little (36)^{1,2,5} OR Cereal (24)^{1,2} & Cheerio Cereal Bar^{1,2} (26g) With Apple (19) Choice of Milk (12g)¹</p>	<p style="text-align: center;">28</p> <p style="text-align: center;">French Toast^{1,2,5 (37)} OR Cereal (24)^{1,2} & Cheerio Cereal Bar^{1,2} (26g) with orange smiles (16g) Assorted Juice(14.5g) Choice of Milk (12g)¹</p>	<p style="text-align: center;">1</p> <p style="text-align: center;">Cheese biscuit^{1,5(25)} OR Cereal (24)^{1,2} & Cheerio Cereal Bar^{1,2} (26g) Peach cup (18) Fruit juice (14.5) Choice of Milk (12g)¹</p>	<p style="text-align: center;">2</p> <p style="text-align: center;">Super Doughnut^{1,25} (29) OR Cereal (24)^{1,2} & Cheerio Cereal Bar^{1,2} (26g) Pears Assorted Juice Choice of Milk (12g)</p>

1. Contains Milk 2. Contains Egg 3. Contains Nuts 4. Contains Fish 5. Contains Soy

Replacement for Gluten Item, Contains Gluten, no replacement