



Henderson County Public Schools

Elementary - Traditional Breakfast Menu January 2018

(Revised 11/27/17)

1 Happy New Year 	2 1. Warm Cinnamon bun^{1,5} or 2. Cereal Chilled peaches 100% Juice Choice of Milk ¹	3 1. Chicken Little⁵ 2. Cereal and toast⁵ With diced pears 100% Juice Choice of Milk ¹	4 Pancake on a Stick^{1,2,5} or 2. Cereal With Fresh Fruit 100% Juice Choice of Milk ¹	5 1. Cheese Biscuit^{1,5} 2. Cereal or With Mandarin Oranges 100% Juice Choice of Milk ¹
8 Pancake on a stick^{1,2,5} or 2. Cereal With Graham Crackers⁵ Chilled peaches 100% Juice Choice of Milk ¹	9 1. French toast Sticks Or 2. Cereal Fresh pears 100% juice Choice of milk ¹	10 1. Biscuits and Gravy^{1,2,5} or 2. Cereal With Raisins 100% Juice Choice of Milk ¹	11 1. Mini waffles^{1,2,5} or 2. Cereal and toast⁵ mandarins oranges 100% Juice Choice of Milk ¹	12 1 Apple Frudel^{1,2,5} or 2. Cereal With Sliced Pears 100% Juice Choice of Milk ¹
15 	16 1. Bagel with Cream cheese^{1,5} 2. Cereal and toast⁵ With pears 100% Juice Choice of Milk ¹	17 Super Doughnut^{1,2,5} or 2. Cereal With Raisins 100% Juice Choice of Milk ¹	18 1. Sausage Little⁵ 2. Cereal and toast⁵ Fresh banana 100% Juice Choice of Milk ¹	19 1 Apple Dutch Waffle^{1,2,5} or 2. Cereal and toast⁵ Mandarin oranges 100% Juice Choice of Milk ¹
22 1. Yogurt ¹ & Muffin^{1,2,5} or 2. Cereal and graham crackers⁵ With Mixed fruit 100% Juice Choice of Milk ¹	23 1. Warm Cinnamon bun^{1,5} or 2. Cereal Chilled peaches 100% Juice Choice of Milk ¹	24 1. Chicken Little⁵ 2. Cereal and toast⁵ With diced pears 100% Juice Choice of Milk ¹	25 Pancake on a Stick^{1,2,5} or 2. Cereal With Fresh Fruit 100% Juice Choice of Milk ¹	26 1. Cheese Biscuit^{1,5} 2. Cereal or With Mandarin Oranges 100% Juice Choice of Milk ¹
29 Pancake on a stick^{1,2,5} or 2. Cereal With Graham Crackers⁵ Chilled peaches 100% Juice Choice of Milk ¹	30 1. French toast Sticks Or 2. Cereal Fresh pears 100% juice Choice of milk ¹	31 1. Biscuits and Gravy^{1,2,5} or 2. Cereal With Raisins 100% Juice Choice of Milk ¹	1 1. Mini waffles^{1,2,5} or 2. Cereal and toast⁵ mandarins oranges 100% Juice Choice of Milk ¹	2 1 Apple Frudel^{1,2,5} or 2. Cereal With Sliced Pears 100% Juice Choice of Milk ¹

1. Contains Milk 2. Contains Egg 3. Contains Nuts 4. Contains Fish 5. Contains Soy

Replacement for Gluten Item, **Contains Gluten, no replacement**