

Henderson County Public Schools
Elementary - Traditional Breakfast Menu February 2018
 (Revised 1/15/18)

29 Pancake on a stick ^{1,2,5} or 2. Cereal With Graham Crackers ⁵ Chilled peaches 100% Juice Choice of Milk ¹	30 1. French toast Sticks Or 2. Cereal Fresh pears 100% juice Choice of milk ¹	31 1. Biscuits and Gravy ^{1,2,5} or 2. Cereal With Raisins 100% Juice Choice of Milk ¹	1 1. Mini waffles ^{1,2,5} or 2. Cereal and toast ⁵ mandarins oranges 100% Juice Choice of Milk ¹	2 1. Apple Frudel ^{1,2,5} or 2. Cereal With Sliced Pears 100% Juice Choice of Milk ¹
5 1. Banana Bread ^{1,2} or 2. Cereal With Sliced Peaches 100% Juice Choice of Milk ¹	6 1. Bagel with Cream cheese ^{1,5} 2. Cereal and toast ⁵ With pears 100% Juice Choice of Milk ¹	7 Super Doughnut ^{1,2,5} or 2. Cereal With Raisins 100% Juice Choice of Milk ¹	8 1. Sausage Little ⁵ 2. Cereal and toast ⁵ Fresh banana 100% Juice Choice of Milk ¹	9 1. Apple Dutch Waffle ^{1,2,5} or 2. Cereal and toast ⁵ Mandarin oranges 100% Juice Choice of Milk ¹
12 1. Yogurt ¹ & Muffin ^{1,2,5} or 2. Cereal and graham crackers ⁵ With Mixed fruit 100% Juice Choice of Milk ¹	13 1. Warm Cinnamon bun ^{1,5} or 2. Cereal Chilled peaches 100% Juice Choice of Milk ¹	14 1. Chicken Little ⁵ 2. Cereal and toast ⁵ With diced pears 100% Juice Choice of Milk ¹	15 Pancake on a Stick ^{1,2,5} or 2. Cereal With Fresh Fruit 100% Juice Choice of Milk ¹	16 1. Cheese Biscuit ^{1,5} 2. Cereal or With Mandarin Oranges 100% Juice Choice of Milk ¹
19 Pancake on a stick ^{1,2,5} or 2. Cereal With Graham Crackers ⁵ Chilled peaches 100% Juice Choice of Milk ¹	20 1. French toast Sticks Or 2. Cereal Fresh pears 100% juice Choice of milk ¹	21 1. Biscuits and Gravy ^{1,2,5} or 2. Cereal With Raisins 100% Juice Choice of Milk ¹	22 1. Mini waffles ^{1,2,5} or 2. Cereal and toast ⁵ mandarins oranges 100% Juice Choice of Milk ¹	23 1. Apple Frudel ^{1,2,5} or 2. Cereal With Sliced Pears 100% Juice Choice of Milk ¹
26 1. Banana Bread ^{1,2} or 2. Cereal With Sliced Peaches 100% Juice Choice of Milk ¹	27 1. Bagel with Cream cheese ^{1,5} 2. Cereal and toast ⁵ With pears 100% Juice Choice of Milk ¹	28 Super Doughnut ^{1,2,5} or 2. Cereal With Raisins 100% Juice Choice of Milk ¹	1 1. Sausage Little ⁵ 2. Cereal and toast ⁵ Fresh banana 100% Juice Choice of Milk ¹	2 1. Apple Dutch Waffle ^{1,2,5} or 2. Cereal and toast ⁵ Mandarin oranges 100% Juice Choice of Milk ¹

1. Contains Milk 2. Contains Egg 3. Contains Nuts 4. Contains Fish 5. Contains Soy

Replacement for Gluten Item, Contains Gluten, no replacement