

Henderson County Public Schools  
 June 2018 and Flex July 2018  
 Elementary Lunch Menu  
 Revised 4/30/2018

	<b>4</b>	<b>5</b>	<b>6</b>	<b>7</b>	<b>8</b>
<b>Entrée Choice 1</b>	Chicken Rings <sup>1,2,5</sup> and Whole Grain Roll	Chicken and waffles <sup>1,2,5</sup>	Hot Dog <sup>5</sup>		
<b>Entrée Choice 2</b>	Fish Sandwich <sup>1,4,5</sup>	Baked Rotini <sup>1,2</sup>	Hawaiian Chicken Wrap <sup>2,5</sup>		
<b>Side Choices</b>	Carrot Coins <sup>5</sup> Summer Squash <sup>5</sup> Pineapple Tidbits	Steamed Broccoli <sup>5</sup> Potato Smiles 100%Fruit Juice	Crinkle Fries <sup>5</sup> Baked Beans Chilled Pears	Green Beans <sup>5</sup> Sweet Potato Fries Mixed Fruit	Corn <sup>5</sup> Manager's Choice Manager's Choice Fruit
<b>Milk</b>	Choice of Milk <sup>1</sup>	Choice of Milk <sup>1</sup>	Choice of Milk <sup>1</sup>	Choice of Milk <sup>1</sup>	Choice of Milk <sup>1</sup>

	<b>9</b>	<b>10</b>	<b>11</b>	<b>12</b>	<b>13</b>
<b>Entrée Choice 1</b>	<i>No FLEX School</i>	<i>No FLEX School</i>	Hot Dog <sup>5</sup>	Chicken Rings <sup>1,2,5</sup> and Whole Grain Roll	Premium Cheese Pizza <sup>1,2,5</sup>
<b>Entrée Choice 2</b>	<i>No FLEX School</i>	<i>No FLEX School</i>	BBQ Sandwich <sup>4,5</sup>	Fish Sandwich <sup>1,4,5</sup> OR School-made Munchable <sup>1,2,5</sup>	Chicken Cesar Wrap <sup>1,4,5</sup>
<b>Side Choices</b>	<i>No FLEX School</i>	<i>No FLEX School</i>	Carrot Coins <sup>5</sup> Baked Beans Chilled Pears	Crinkle Fries <sup>5</sup> Summer Squash <sup>5</sup> Pineapple Tidbits	Corn <sup>5</sup> Greek Salad <sup>5</sup> Fresh Fruit
<b>Milk</b>	<i>No FLEX School</i>	<i>No FLEX School</i>	Choice of Milk <sup>1</sup>	Choice of Milk <sup>1</sup>	Choice of Milk <sup>1</sup>

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	<b>16</b>	<b>17</b>	<b>18</b> <b>Wacky</b> <b>Wednesday</b>	<b>19</b>	<b>20</b>
<b>Entrée</b> <b>Choice 1</b>	Chicken Nuggets <sup>1,2,5</sup> and Whole Grain Roll	Chicken Sandwich <sup>1,2,5</sup>	Pancakes <sup>1,2,5</sup> and Sausage (2)	Turkey Burger	Cheese Pizza <sup>1,2,5</sup>
<b>Entrée</b> <b>Choice 2</b>	Gourmet Grilled Cheese <sup>1,5</sup>  OR School-Made Pizza Munchable <sup>1,2,5</sup>	Meatball Sub <sup>1,2,5</sup>	Toast <sup>5</sup> and Scrambled Eggs <sup>1,2</sup>	Lemon Pepper Chicken and Whole Grain Roll  OR School-Made Pizza Munchable <sup>1,2,5</sup>	Tuna Sliders <sup>1,2,4,5</sup>
<b>Side</b> <b>Choices</b>	Fresh Asparagus <sup>5</sup>  Baked Crinkle Fries <sup>5</sup>  Cantaloupe	Whole Corn <sup>5</sup>  Parmesan Roasted Broccoli <sup>5</sup>  Applesauce	Hashbrown (2)  Veggie Dippers <sup>1,2</sup>  Fresh Fruit	Roasted Summer Squash <sup>5</sup>  Baked Beans  Fresh Oranges	Caramelized Sweet Potatoes <sup>5</sup>  Popeye Salad  Fresh Strawberries
<b>Milk</b>	Choice of Milk <sup>1</sup>	Choice of Milk <sup>1</sup>	Choice of Milk <sup>1</sup>	Choice of Milk <sup>1</sup>	Choice of Milk <sup>1</sup>

	<b>23</b>	<b>24</b>	<b>25</b>	<b>26</b>	<b>27</b>
<b>Entrée</b> <b>Choice 1</b>	Corn Dog <sup>2,5</sup>	Cheeseburger <sup>1,5</sup>	Mac and Cheese <sup>1,2</sup>	Taco Salad <sup>1,2,5</sup>	Max Sticks and Marinara <sup>2,5</sup>
<b>Entrée</b> <b>Choice 2</b>	Loaded Baked Potato <sup>1</sup> with Roll  OR School-Made Pizza Munchable <sup>1,2,5</sup>	BBQ Sandwich <sup>4,5</sup> with Whole Grain Roll	Fish Nuggest <sup>1,2,4,5</sup>	Cheese Quesadilla <sup>1,5</sup>  OR School-Made Pizza Munchable <sup>1,2,5</sup>	MEGA Meatball <sup>1,2,5</sup>
<b>Side</b> <b>Choices</b>	Green Peas <sup>5</sup>  Cheesy Spinach <sup>1</sup>  Mixed Fruit	Broccoli Dippers <sup>5</sup>  Tater Tots  100% Fruit Juice  Blueberry Cobbler <sup>1,5</sup>	Hushpuppies <sup>1</sup>  Oven Fried Okra <sup>1,5</sup>  Carrot Coins <sup>5</sup>  Watermelon	Pico Cup  Black Beans  Diced Chilled Pears	Whole Grain Roll  Roasted Potatoes  Veggie Dippers <sup>5</sup>  Caantaloupe
<b>Milk</b>	Choice of Milk <sup>1</sup>	Choice of Milk <sup>1</sup>	Choice of Milk <sup>1</sup>	Choice of Milk <sup>1</sup>	Choice of Milk <sup>1</sup>