

Henderson County Public Schools

Jan 2018

Elementary Lunch Menu

Revised 11/13/17

<p style="text-align: center;"><b>1</b></p> 	<p style="text-align: center;"><b>2</b></p> <p><b><u>Choose Entrée:</u></b>            1. 1 Chicken Sandwich            2 Meatball Sub  <b><u>Side Choices:</u></b>            Whole Corn<sup>5</sup>            Green Beans            Applesauce  <b><u>Choice of Milk1</u></b></p>	<p style="text-align: center;"><b>3</b></p> <p><b><u>Entrée Choices:</u></b>            1. Cheese burger            2. BBQ Chicken  <b><u>Side Choices:</u></b>            Black Beans            Carrot Coins            Mixed Fruit  <b><u>Choice of Milk1</u></b></p>	<p style="text-align: center;"><b>4</b></p> <p><b><u>Entrée choices</u></b>            1. Mini Corn Dogs            2. Cuban Sandwich            3. School-made Munchable  <b><u>Side Choices:</u></b>            Tater Tots            Steamed Broccoli            Orange Smiles  <b><u>Choice of Milk1</u></b></p>	<p style="text-align: center;"><b>5</b></p> <p><b><u>Entrée Choices:</u></b>            1. Pepperoni Pizza            2. Turkey wrap            Greek salad<sup>1</sup>             Chilled Peaches  <b><u>Choice of Milk1</u></b></p>
<p style="text-align: center;"><b>8</b></p> <p><b><u>Choose Entrée:</u></b>            1. Taco Salad<sup>1,2,5</sup>            2. Cheese Quesadilla<sup>1,5</sup>            3. School-made Pizza            Munchable<sup>1,2,5</sup>  <b><u>Side Choices:</u></b>            Corn<sup>5</sup>            Black Beans            Diced Chilled Pears  <b><u>Choice of Milk1</u></b></p>	<p style="text-align: center;"><b>9</b></p> <p><b><u>Entrée Choices:</u></b>            1. Chicken Rings<sup>1,5</sup> And Whole grain Roll            2. Fish Sandwich<sup>1,4,5</sup>  <b><u>Side Choices:</u></b>            Carrot Coins            Baked Crinkle Fries            Fresh Apples  <b><u>Choice of Milk1</u></b></p>	<p style="text-align: center;"><b>10</b></p> <p><b><u>Entrée Choices:</u></b>            1. Mac and Cheese            2. Fish Nuggets  <b><u>Side Choices:</u></b>            hushpuppies            Greek salad<sup>1</sup>            Tater Tots            100% Fruit Juice  <b><u>Choice of Milk1</u></b></p>	<p style="text-align: center;"><b>11</b></p> <p><b><u>Entrée Choices</u></b>            1. Corn Dog            2. Loaded Baked potato<sup>1</sup> with roll            3. School-made Pizza            Munchable<sup>1,25</sup>  <b><u>Side Choices:</u></b>            Cheesy Spinach<sup>1</sup>            Green Beans<sup>5</sup>            Sliced peaches  <b><u>Choice of Milk1</u></b></p>	<p style="text-align: center;"><b>12</b></p> <p><b><u>Choose Entrée:</u></b>            1. Pepperoni Pizza<sup>1,2,5</sup>            2. Riblet Sandwich<sup>5</sup>            (BBQ sauce with additional allergens)  <b><u>Side Choices:</u></b>            Side Garden Salad<sup>1,2</sup>            Cara Cara Oranges            Sweet Potato Tots  <b><u>Choice of Milk1</u></b></p>

Henderson County Public Schools

Jan 2018

Elementary Lunch Menu

Revised 11/13/17

<p style="text-align: center;"><b>15</b></p>  <p style="text-align: center;"><b>MLK Day</b> <b>Optional work</b> <b>day</b></p>	<p style="text-align: center;"><b>16</b></p> <p><b><u>Entrée Choices:</u></b> 1. BBQ Pork sandwich 2. Chicken Teriyaki and rice<sup>5</sup></p> <p><b><u>Side Choices:</u></b> Sweet Potato Fries Steamed broccoli Applesauce</p> <p><b><u>Choice of Milk</u><sup>1</sup></b></p>	<p style="text-align: center;"><b>17</b></p> <p><b><u>Entrée Choices:</u></b> 1. Fruit and yogurt Plate 2. Chicken tacos<sup>1,5</sup></p> <p><b><u>Side Choices:</u></b> Garden Salad<sup>1,2</sup> Black beans Fresh Fruit</p> <p><b><u>Choice of Milk</u><sup>1</sup></b></p>	<p style="text-align: center;"><b>18</b></p> <p><b><u>Choose Entrée:</u></b> 1. Lasagna<sup>1,5</sup> with breadstick<sup>5</sup> 2. Ham and cheese sandwich<sup>15</sup> 3. School-made Pizza Munchable<sup>125</sup></p> <p><b><u>Side choices:</u></b> Sweet potato tots Greek Salad<sup>1</sup> Assorted juice And</p> <p><b><u>Choice of Milk1</u></b></p>	<p style="text-align: center;"><b>19</b></p> <p><b><u>Entrée Choices:</u></b> 1. Premium Cheese Pizza<sup>1,2,5</sup> 2. Chicken Caesar Wrap<sup>1,4,5</sup></p> <p><b><u>Side Choices:</u></b> Crinkle Fries Sugar snap peas Mandarin Oranges</p> <p><b><u>Choice of Milk1</u></b></p>
<p style="text-align: center;"><b>22</b></p> <p style="text-align: center;"><b>Teacher Workday</b></p>  <p style="text-align: center;">Flex Manager's Choice</p>	<p style="text-align: center;"><b>23</b></p> <p><b><u>Choose Entrée:</u></b> 1. Country Fried Steak and Gravy 2. Baked Rotini</p> <p><b><u>Side Choices:</u></b> Breadstick<sup>1,5</sup> Mashed Potatoes Peas Appleslices</p> <p><b><u>Choice of Milk1</u></b></p>	<p style="text-align: center;"><b>24</b></p> <p><b><u>Entrée Choices:</u></b> 1. Spaghetti and Meatsauce 2. BBQ Sandwich</p> <p><b><u>Side Choices:</u></b> Caesar Salad<sup>2,4</sup> Carrot Coins<sup>5</sup> Mixed Fruit Cocktail</p> <p><b><u>Choice of Milk11</u></b></p>	<p style="text-align: center;"><b>25</b></p> <p><b><u>Entrée Choices:</u></b> 1. Chicken Nachos<sup>1,5</sup> 2. Burritos<sup>1,5</sup> 3. School-made Pizza Munchable<sup>**125</sup></p> <p><b><u>Side Choices:</u></b> Fresh Pico Cup Black Beans Fresh Fruit</p> <p><b><u>Choice of Milk1</u></b></p>	<p style="text-align: center;"><b>26</b></p> <p><b><u>Entrée Choices:</u></b> 1. Max Sticks and marinara<sup>2,5</sup> 2. Sloppy Joe<sup>5</sup></p> <p><b><u>Side Choices:</u></b> Roasted Cecile Fingerling Potatoes Green Beans<sup>5</sup> 100% Fruit juice</p> <p><b><u>Choice of Milk1</u></b></p>
<p style="text-align: center;"><b>29</b></p> <p><b><u>Entrée Choices:</u></b> 1. Chicken Nuggets 2. Gourmet Grilled Cheese<sup>15</sup> 3. School-made or Pizza Munchable<sup>125**</sup></p> <p><b><u>Side Choices:</u></b> WG roll Green Beans<sup>5</sup> Baked Sweet Potatoes Clementine</p> <p><b><u>Choice of Milk</u><sup>1</sup></b></p>	<p style="text-align: center;"><b>30</b></p> <p><b><u>Choose Entrée:</u></b> 1 Chicken Sandwich 2. Meatball Sub</p> <p><b><u>Side Choices:</u></b> Whole Corn<sup>5</sup> Cheesy Broccoli<sup>1</sup> Applesauce</p> <p><b><u>Choice of Milk1</u></b></p>	<p style="text-align: center;"><b>1</b></p> <p style="text-align: center;"><b>Wacky Wednesday</b></p> <p><b><u>Entrée Choices:</u></b> 1. Pancakes<sup>1,2,5</sup> and sausage (2) 2. Toast<sup>5</sup> and Scrambled Eggs<sup>1,2</sup></p> <p><b><u>Side Choices:</u></b> Hashbrown(2) Veggie Dippers<sup>1,2</sup> Fresh Pears</p> <p><b><u>Choice of Milk1</u></b></p>	<p style="text-align: center;"><b>2</b></p> <p><b><u>Entrée Choices:</u></b> 1. Hamburger<sup>5</sup> 2. Lemon Pepper Chicken 3. School-made or Pizza Munchable<sup>125**</sup></p> <p><b><u>Side Choices:</u></b> Greek Salad Baked Beans Mixed Fruit</p> <p><b><u>Choice of Milk</u><sup>1</sup></b></p>	<p style="text-align: center;"><b>3</b></p> <p><b><u>Entrée Choices:</u></b> 1. Cheese Pizza 2. Hummus Wrap</p> <p><b><u>Side Choices:</u></b> Baked Crinkle fries Carrot Coins Fresh Fruit</p> <p><b><u>Choice of Milk</u><sup>1</sup></b></p>

Henderson County Public Schools  
Jan 2018  
Elementary Lunch Menu  
Revised 11/13/17

"USDA is an equal opportunity provider and employer."

Grilled cheese, entrée salad, and soy butter and jelly offered each day as alternates

Menu is subject to change