

HCPS Secondary School Lunch Menu for January 2017

1 Happy New Year!	2 Choose 1 Entrée* *Spaghetti with Meatsauce *Deli Turkey Sandwich Mega Meal Papa John's pizza Carolina BBQ Sandwich Side Choices Sweet Corn Kernels Green Beans Diced Peaches Dried Cranberries And Choice of Milk	3 Choose 1 Entrée* * Lemon Herb Chicken * Sloppy Joe *Large Chef Salad Mega Meal Papa John's pizza Side Choices Side Salad Sorrento Brown Rice Collard Greens Mixed Fruit 100% Fruit Juice And Choice of Milk	4 Choose 1 Entrée* * Corndog * Macaroni Ham and Cheese w/ Breadstick *Large Chef Salad Mega Meal Papa John's pizza Deluxe Chicken Sandwich Side Choices Caesar Salad Baked Beans California Blend Pineapple Tidbits Fresh Fruit And Choice of Milk	5 Choose 1 Entrée* * Turkey Nachos * Bar-B-Que Sandwich *Large Chef Salad Mega Meal Papa John's pizza Side Choices Cole Slaw Caramelized Sweet Potatoes Green Peas Spicy Apples 100% Fruit Juice And Choice of Milk
8 Choose 1 Entrée* * Hot Dog With Chili *Turkey Pot Roast *Large Chef Salad Mega Meal Papa John's pizza Side Choices WG Roll Greek Salad French Fries Mixed Fruit 100% Fruit juice And Choice of Milk	9 Choose 1 Entrée* * Chicken Nuggets *Ham and Beans *Large Chef Salad Mega Meal Papa John's pizza Side Choices Side Salad Cornbread w/ Honey Carrot Coins Diced Peaches Fresh Fruit And Choice of Milk	10 Choose 1 Entrée* *Fish Sandwich *Meatloaf *Large Chef Salad Mega Meal Papa John's pizza Side Choices WG Roll Mashed Potatoes Green Beans 100% Fruit Juice Fresh Fruit And Choice of Milk	11 Choose 1 Entrée* *Taco Soup *Ham and Cheese on a WG Bun *Large Chef Salad Mega Meal Papa John's Pizza Deluxe Chicken Sandwich Side Choices Side Salad Frijoles de la Olla <i>Cara Cara Orange</i> Diced pears And Choice of Milk	12 Choose 1 Entrée* * Baked Rotini *Gourmet Grilled Cheese *Large Chef Salad Mega Meal Papa John's pizza Side Choices Tomato Basil soup Caesar Salad Roasted Potatoes Sweet Corn Kernels 100% Fruit Juice Applesauce And Choice of Milk

<p>15</p> <p>Martin Luther King Jr. Remembrance Day</p> <p>Optional Teacher Workday</p>	<p>16</p> <p>Choose 1 Entrée* Chicken Teriyaki Burrito Grande Mega Meal Papa John's pizza</p> <p>Side Choices Brown Rice Pilaf Sweet Kernel Corn Green Beans <i>Bosc Pears</i> Dried Cranberries And Choice of Milk</p>	<p>17</p> <p>Wacky Wednesday Choose 1 Entrée* * Pancakes and Sausage *Ham, Egg and cheese Biscuit *Large Chef Salad Mega Meal Papa John's pizza Side Choices Hashbrowns Oven Fried Okra Sliced peaches 100% Fruit Juice And Choice of Milk</p>	<p>18</p> <p>Choose 1 Entrée* *Cheeseburger *Chicken Pot Pie *Large Chef Salad Mega Meal Papa John's pizza Side Choices Baked Fries Side Salad Fresh Fruit 100% fruit Juice And Choice of Milk *Blueberry Cream Cake</p>	<p>19</p> <p>Choose 1 Entrée* * Meatball Grinder *Pork Carnitas *Large Chef Salad Mega Meal Papa John's pizza Side Choices Caesar salad Sweet Potato Waffle fries 100% Fruit Juice Mixed Fruit And Choice of Milk</p>
<p>22</p> <p>Required Teacher Workday</p> <p>No Classes</p>	<p>23</p> <p>Choose 1 Entrée* *Beef Lasagna w/ Breadstick *Deli Turkey Sandwich *Large Chef Salad Mega Meal Papa John's Pizza Side Choices Greek Salad Tater Tots Honey Glazed Carrots Applesauce Fresh Fruit And Choice of Milk</p>	<p>24</p> <p>Choose 1 Entrée* *Chicken Rings *Mega Meatball *Large Chef Salad Mega Meal Papa John's pizza Side Choices WG Roll Vegetable Soup Mashed Potatoes Pineapple tidbits 100% Fruit Juice And Choice of Milk</p>	<p>25</p> <p>Choose 1 Entrée* * Turkey Soft Shell Tacos * Cuban Sandwich *Large Chef Salad Mega Meal Papa John's Pizza Side Choices Side Salad Black Beans Sweet Kernel Corn Fresh Fruit Diced Pears And Choice of Milk</p>	<p>26</p> <p>Choose 1 Entrée* * Chili with Cornbread * Chicken Quesadilla *Large Chef Salad Mega Meal Papa John's pizza Side Choices Seasoned Potato Wedges Green Beans <i>Clementines</i> 100% fruit Juice And Choice of Milk</p>
<p>29</p> <p>Choose 1 Entrée* *Country Fried Steak with Gravy *Hot Ham and cheese on Kaiser Mega Meal Papa John's pizza Side Choices WG Roll Mashed Potatoes Honey Glazed Carrots Applesauce 100% Fruit Juice And Choice of Milk</p>	<p>30</p> <p>Choose 1 Entrée* *Spaghetti with Meatsauce *Deli Turkey Sandwich Mega Meal Papa John's pizza Side Choices <i>Roasted Cecile Fingerling potatoes</i> Green Beans Peaches Dried Cranberries And Choice of Milk</p>	<p>31</p> <p>Choose 1 Entrée* * Lemon Herb Chicken * Sloppy Joe *Large Chef Salad Mega Meal Papa John's pizza Side Choices Side Salad Sorrento Brown Rice Broccoli with Cheese Mixed Fruit 100% Fruit Juice And Choice of Milk</p>		

