

## HCPS Secondary Schools February 2018 Breakfast Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Jan 29 <b>"Build a Biscuit"</b> Choose from Sausage, Egg, Chicken, Sausage Gravy or Cheese  Breakfast Breads Cereal and Yogurt Diced Pears 100%Fruit Juice Choice of Milk	30 <b>"Build a Biscuit"</b> Choose from Sausage, Egg, Chicken, Sausage Gravy, or Cheese  Breakfast Breads Cereal and Yogurt Diced Peaches 100%Fruit Juice Choice of Milk	31 <b>"Build a Biscuit"</b> Choose from Sausage, Egg, Chicken, Sausage Gravy or Cheese  Breakfast Breads Cereal and Yogurt Fresh Apple wedges 100%Fruit Juice Choice of Milk	February 1 <b>"Build a Biscuit"</b> Choose from Sausage, Egg, Chicken, Sausage Gravy or Cheese  Breakfast Breads Cereal and Yogurt Fresh Bananas 100%Fruit Juice Choice of Milk	2 <b>"Build a Biscuit"</b> Choose from Sausage, Egg, Chicken, Sausage Gravy or Cheese  Breakfast Breads Cereal and Yogurt Mixed Fruit 100%Fruit Juice Choice of Milk
5 <b>"Build a Biscuit"</b> Choose from Sausage, Egg, Chicken, Sausage Gravy or Cheese  Breakfast Breads Cereal and Yogurt Diced Pears 100%Fruit Juice Choice of Milk	6 Breakfast Pizza  Breakfast Breads Cereal and Yogurt Diced Peaches 100%Fruit Juice Choice of Milk	7 <b>"Build a Biscuit"</b> Choose from Sausage, Egg, Chicken, Sausage Gravy or Cheese  Breakfast Breads Cereal and Yogurt Fresh Apple wedges 100%Fruit Juice Choice of Milk	8 Pancake on a Stick  Breakfast Breads Cereal and Yogurt Fresh Bananas 100%Fruit Juice Choice of Milk	9 <b>"Build a Biscuit"</b> Choose from Sausage, Egg, Chicken, Sausage Gravy or Cheese  Breakfast Breads Cereal and Yogurt Mixed Fruit 100%Fruit Juice Choice of Milk
12 <b>"Build a Biscuit"</b> Choose from Sausage, Egg, Chicken, Sausage Gravy or Cheese  Breakfast Breads Cereal and Yogurt Diced Pears 100%Fruit Juice Choice of Milk	13 Breakfast Pizza  Breakfast Breads Cereal and Yogurt Diced Peaches 100%Fruit Juice Choice of Milk	14 <b>"Build a Biscuit"</b> Choose from Sausage, Egg, Chicken, Sausage Gravy or Cheese  Breakfast Breads Cereal and Yogurt Fresh Apple wedges 100%Fruit Juice Choice of Milk	15 Pancake on a Stick  Breakfast Breads Cereal and Yogurt Fresh Bananas 100%Fruit Juice Choice of Milk	16 <b>"Build a Biscuit"</b> Choose from Sausage, Egg, Chicken, Sausage Gravy or Cheese  Breakfast Breads Cereal and Yogurt Mixed Fruit 100%Fruit Juice Choice of Milk
19 <b>"Build a Biscuit"</b> Choose from Sausage, Egg, Chicken, Sausage Gravy or Cheese  Breakfast Breads Cereal and Yogurt Diced Pears 100%Fruit Juice Choice of Milk	20 Breakfast Pizza  Breakfast Breads Cereal and Yogurt Diced Peaches 100%Fruit Juice Choice of Milk	21 <b>"Build a Biscuit"</b> Choose from Sausage, Egg, Chicken, Sausage Gravy or Cheese  Breakfast Breads Cereal and Yogurt Fresh Apple wedges 100%Fruit Juice Choice of Milk	22 Pancake on a Stick  Breakfast Breads Cereal and Yogurt Fresh Bananas 100%Fruit Juice Choice of Milk	23 <b>"Build a Biscuit"</b> Choose from Sausage, Egg, Chicken, Sausage Gravy or Cheese  Breakfast Breads Cereal and Yogurt Mixed Fruit 100%Fruit Juice Choice of Milk

<p>26</p> <p><b>"Build a Biscuit"</b> Choose from Sausage, Egg, Chicken, Sausage Gravy or Cheese</p> <p>Breakfast Breads Cereal and Yogurt Diced Pears 100%Fruit Juice Choice of Milk</p>	<p>27</p> <p>Breakfast Pizza</p> <p>Breakfast Breads Cereal and Yogurt Diced Peaches 100%Fruit Juice Choice of Milk</p>	<p>28</p> <p><b>"Build a Biscuit"</b> Choose from Sausage, Egg, Chicken, Sausage Gravy or Cheese</p> <p>Breakfast Breads Cereal and Yogurt Fresh Apple Wedges 100%Fruit Juice Choice of Milk</p>	<p>March 1</p> <p>Pancake on a Stick</p> <p>Breakfast Breads Cereal and Yogurt Fresh Bananas 100%Fruit Juice Choice of Milk</p>	<p>2</p> <p><b>"Build a Biscuit"</b> Choose from Sausage, Egg, Chicken, Sausage Gravy or Cheese</p> <p>Breakfast Breads Cereal and Yogurt Mixed Fruit 100%Fruit Juice Choice of Milk</p>
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A variety of "Breakfast Breads" will be offered daily and may include Cinnamon Rolls, French Toast Sticks Super Doughnuts, Banana Bread, Bagels or Muffins. All are whole grain rich.